The best time to prepare for an emergency is before it happens. Print out this checklist and keep a copy in an easy-to-reach location for immediate reference.

What Do You Need To Do To Be Prepared At Work?

- Learn office evacuation routes
- Pack a work place “Go-Bag” with such items as:
  - Water and non-perishable food
  - Dust mask
  - Pocket knife
  - Whistle
  - Emergency cash
  - Flashlight
  - Battery-powered radio, extra batteries
  - Sturdy shoes, change of clothing
  - Emergency point-of-contact phone numbers
  - First aid kit, extra medicine, glasses, contact lenses
- Consider what you would need for your immediate safety

For a complete list of suggested disaster kit and Go-Bag items, please visit www.72hours.org