Critical Updates Vaccine Update



possible options at myturn.ca.gov.

· Getting vaccinated will help keep you, your family, and your community safe and healthy. · It will help us return to more activities. • It will stop the spread of COVID-19 and end the pandemic.



For more information on San Francisco mask guidance <u>click here</u>.

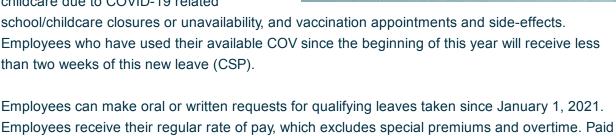
 exercising alone or with vaccinated friends gathering with vaccinated friends When you're indoors:

 attending large outdoor events In a group and not sure who's vaccinated? Keep 6 feet apart! City & County of San Francisco sf.gov/masks Campaign for Solidarity

Chinatown, Bayview Hunters Point, the Tenderloin, and other San Francisco neighborhoods. Thank

activities, and a volunteer opportunity to assemble and deliver 1,000 Solidarity Kits, which included children's books, family passes to the Asian Art

For more information on the SF-HRC's anti-hate Campaign for Solidarity programming, events, and resources visit: https://standtogethersf.org/ **COVID-19 Paid Sick Leave** Starting March 29, 2021, employees received two weeks of COVID-19 paid sick leave under a new state law. The law provides eligible city employees paid sick leave (CSP on



Human Services Agency employees (left to right)

Asa King, Felix Caraballo, Tami Bryant at the

Campaign for Solidarity kickoff event

leave can be taken continuously or intermittently. Check with your department's human resource professional for additional questions.

supported by compelling business reasons, an explanation of limited family health circumstances, or other critical need. DHR will be updating the City's Telecommute Policy by Fall 2021, as expanded telecommuting opportunities for employees continues to be in the best interest of the City and its' employees.

Stress First Aid Stress First Aid is an evidence-based peer support

and self-care model that anyone can use in any setting during stressful times. In this training, you will

learn what stress first aid is, how to recognize distress in yourself and others, and build essential

At the completion of this training, participants will be

· Identify stress in your colleagues and ensure

skills to help others in a time of distress.

able to:

help is offered

Check out the SFHSS Events Calendar to stay up

to date on new offerings.

This month's highlights:

Total Body Conditioning

Tuesdays (5:15pm - 6:-00pm)

Coping with COVID-19 and Beyond

Rec and Park Department Stress

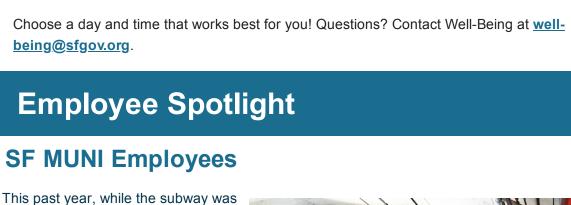
Management Sessions Fridays (9:15am & 12:00pm)

Resiliency in Action

shutdown, SF MUNI employees were

Wed. May 19, 2021 (12:10pm - 12:50pm)

Click Here to Register for ONE of the Following Dates: June 10 or 24 - 10:00am-12:00pm • July 15 or 29 - 10:00am-12:00pm



On May 15th, Muni will fully reopen the K-Ingleside line, the T-Third Street line, and the N-Judah. Additionally, the F Market & Wharves historic streetcars will return on Saturday, May 15th between Fisherman's Wharf and Castro and Market streets seven days a week. Thank you, MUNI employees for continuing to improve our City's transportation!

they cover for their work and the City understands that delays in reimbursement can cause financial stress for employees. To stop delays we encourage employees to not wait to submit expenses and for supervisors to review and approve in a timely manner. For additional questions regarding expense reimbursement contact your supervisor or department human resources professional. Mental Health Awareness Month Panel Event

Awareness Month.

experts how to get help.

<u>link.</u>

Employee Resources

The panel brings together doctors from Kaiser Permanente and an Employee Assistance Program

employees cope and improve their mental and emotional well-being. Click here for the live event

If you have concerns about the vaccine; anxiety about your safety or returning to work; want to know the signs of depression, suicide, or substance abuse; having more conflicts with your friends, family or co-workers; or any other mental health related question, this event is a chance to ask the

(EAP) counselor to discuss how to recognize stress and anxiety, help answer employees' submitted questions around mental health, and provide resources and strategies to help

Please submit your questions here. Questions may be submitted anonymously.

Public Library Returns Welcome with "Browse and Bounce" Back In The San Francisco's Library main branch reopened for "Browse and Bounce" service on Monday, May 3, with more branch libraries to reopen in the

Watch the video below to learn what supplies you might need and how to be prepared and organized in the event of an earthquake.

access free public computers for 50-minute sessions, printers, and photocopiers, have

prepared.

Need individual confidential telephone counseling? Contact the **Employee Assistance Program**.

Do your part: Stop the spread. Together we can save lives.

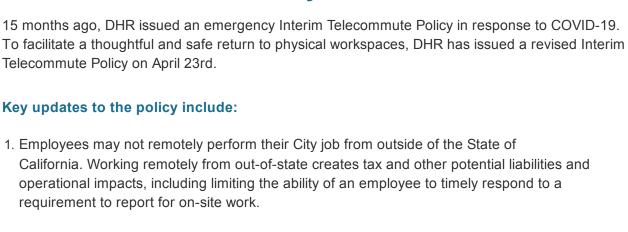
The best vaccine is the first one you can get because...

outdoors. You should always have a face covering with you, even if you are vaccinated. Wearing a face covering reduces your chances of getting and spreading COVID-19. People who are not vaccinated, or who are at high risk of getting COVID-19, should still wear a mask outdoors in most situations. Stay 6 feet apart and wear a mask that covers your mouth and nose. Make sure it fits snugly around your face.

information about public and personal safety. Solidarity Kits were distributed to residents in you to employees who participated in San Francisco's Campaign for Solidarity.

Museum, mental health resources, and

childcare due to COVID-19 related than two weeks of this new leave (CSP).



To read the full updated Interim Telecommute Policy click here. **Well-Being Resources**

A Better You, Everyday!

being@sfgov.org.

Wed. May 26, 2021 (12:10am - 12:50pm)

hard at work making upgrades and This hard work has resulted in a smoother, more reliable ride just in time for Muni Metro reopening. Muni employees installed new wayfinding signs and art projects at the Castro and West Portal stations, and Wi-Fi availability, thanks to routers installed in stations and cellular antennas installed in the tunnels. The picture to the right shows SFMTA crew installing the new overhead wire in the subway

Click below to watch Mayor Breed's PSA on Mental Health Awareness Month:

Bounce will operate in addition to SFPL To-Go, the library's front-door holds pick up service, which is operating at 15 libraries and four bookmobile locations. **Earthquake Safety and Preparedness**

Last month marked the anniversary of the 1906 earthquake, and the importance of being

out machines, and get assistance with library cards and their library accounts. Browse and

questions answered by library staff, return borrowed materials, pick up holds, use the self-check-

<u>19 page</u>.

Manage your preferences | Opt out using TrueRemove® Got this as a forward? Sign up to receive our future emails. View this email online. 1 S Van Ness Ave 4th Floor

Share this email:

San Francisco, CA | 94103 US

This email was sent to .

To continue receiving our emails, add us to your address book.

or sheltering in place, the Department of Human Resources is here to provide you with key information and helpful resources. Find out the latest updates through DHR's COVID-

Resources

When you're outdoors: with other vaccinated people Wear a mask when: entering indoor public spaces On April 17th, Mayor Breed, the San Francisco Human Rights Commission (HRC), the Stand Together SF Initiative, and community leaders launched the Campaign for Solidarity to unite he Asian American and Pacific Islander, Black, Latinx, American Indian, and multi-racial communities across the city against hate, bias, and violence. The event featured healing spaces, family-friendly

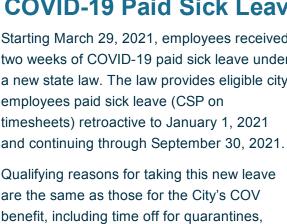
Health officials recommend and urge everyone including city employees to get the vaccine Visit the City's Get Vaccinated webpage to schedule an appointment at one of the City's various vaccine sites. If you live outside of San Francisco and would prefer to receive the vaccine closer to home (if available), register through the State of California's website for

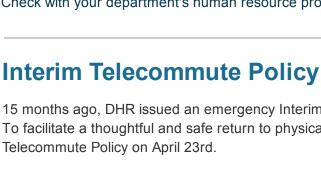
some vaccination sites can vaccinate people under 18. when it becomes available to them.

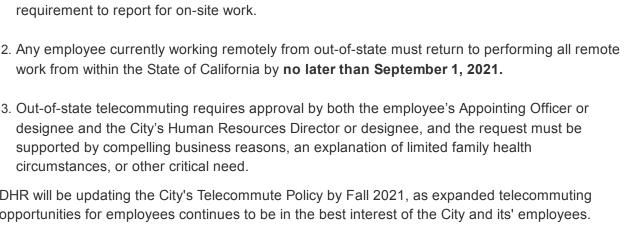
For more information about the differences between the available vaccines, see the flyer below and visit the COVID-19 vaccine website: https://sf.gov/get-vaccinated-against-covid-19. About the COVID-19 Vaccines

Protection from Does the vaccine Time until fully hospitalizations contain live and death from vaccinated COVID-19 virus? 5 weeks Highly 3 weeks between 1st and 16+* 2nd dose. Fully vaccinated effective 2 weeks after 2nd dose.

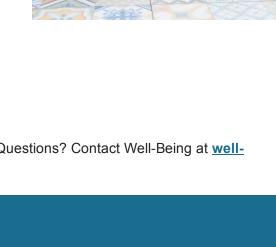
Vaccinated? Now you can mask off...







 Identify stress in yourself and know how to reach out for support · Create a supportive work environment where team members are caring for one another and leadership promotes mental health & well-being



Have a Reimbursement Expense? All City employee reimbursements must be approved by June 29th at 5 p.m. otherwise employees will need to resubmit after July 5th. City employees rely on quick reimbursement for the expenses The COVID-19 pandemic has had a major effect on the lives of City employees and their families. On Thursday, May 20th from 12:00pm to1:00pm, the Department of Human Resources and the Health Services System will be hosting a panel discussion in recognition of Mental Health

following weeks. Click here for the timelines of other library branch reopening. **Your safety** The "Browse and Bounce" program allows patrons is our priority to browse library books, music, movies and more,

Stay Connected to DHR



Stay Connected through the Department of Human Whether you are on-site reporting for essential work, deployed as a Disaster Service Worker

emma

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