



Newsletter

February 2024

City Updates

Planning for Retirement?

Planning for retirement can quickly become confusing and overwhelming. The San Francisco Health Service System (SF HSS) created a helpful calculator that provides an estimate of your cost share burden for retiree health premiums. Find out how much health benefits might cost you after you retire with the City and County of San Francisco for the 2024 calendar year using this [Retiree Cost Calculator](#). Additionally, if you're planning on retiring sometime soon, review the [5 steps you need to take to retire with benefits](#) on the SF HSS website.



Updated COVID-19 Isolation Guidelines

The California State Department of Public Health (CDPH) has updated its COVID-19 [isolation guidance](#) from time based to symptom based. The [CCSF policy for COVID-19 management](#) has been updated to reflect these changes.

Employees who have symptomatic COVID-19 infections must remain out of work for a minimum of 24 hours from the date of symptom onset, until their symptoms have improved and they experience no fever for at least 24 hours without use of fever reducing medications (Advil, Ibuprofen, Tylenol, etc).

Employees who have a positive COVID-19 test but experience no symptoms may continue to work and do not need to isolate. Should they develop symptoms, they follow the guidance as above.

Both asymptomatic and symptomatic COVID-19 infections must mask for 10 days.

Employees are encouraged to continue to assess their health before coming to work in-person and reminded that staying out of the worksite, after checking in with their supervisor, if they feel ill helps to keep our workplaces healthy. Learn more details about the updated guidance [here](#).

City Events & Celebrations



Black History Month

February is Black History Month, a time to honor the culture, experiences, and contributions that Black and African American people have made to San Francisco and to our country. This year's theme: *African Americans and the Arts* provides us with an opportunity to recognize the cultural accomplishments of Black artists from the Bay Area throughout the decades.

Knowledge of the past opens the door to the future. As we reflect on the contributions that Black Americans have made to society we also look to the future and continue our ongoing work to advance racial equity.

Check out some of the events and spotlights around the Bay Area to celebrate Black History Month including:

- Visit [SF Library's website](#) for the “More than a Month” programming including: book recommendations, workshops, and artist spotlights
 - Visit the [Black Art Symposium](#) at the SF African American Art & Cultural Complex
 - Check out the [Black History Month events](#) hosted by the SF Museum of the African Diaspora
 - Visit the [Black Power Exhibit](#) at the Oakland Museum’s Gallery of California History
 - Join our Mayor at the [City Hall Closing Ceremony](#) for Black History Month on Feb 28 hosted by Mayor London Breed, Controller Malia Cohen, Supervisor Shamann Walton, and District Attorney Brooke Jenkins
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Lunar New Year

Saturday, February 10th was the start of Lunar New Year! Lunar New Year is a time for families to come together to feast and welcome the abundance, improvement, and evolution that the year of the Dragon brings.

San Francisco is proudly home to the largest Chinatown in the United States and proudly hosts one of the largest Lunar New Year parades outside of Asia. This year the **Chinese New Year Parade will be held on February 24th, 2022 and will be marshalled by Hollywood actress Awkwafina.** For additional event information visit the [official website](#).

Check out some of the events and spotlights celebrating Lunar New Year across the City:

- Visit [SF Library's website](#) to view all of the free programming available at SFPL locations across the City
- Learn about [SF neighborhood specific events](#) celebrating Lunar New Year
- [Celebration on Ocean Ave](#) for family friendly activities & cultural performances in Unity Plaza on Feb 17
- [Community Street Fair](#) in Chinatown on Feb 24 and Feb 25

Additionally, the Asian Pacific American Heritage Foundation has compiled [a list of community and cultural events in San Francisco](#) to help you and your family celebrate the Lunar New Year.

Employee Resources

A Better You, Everyday!

Start the new year off right by utilizing resources extended to City Employees to de-stress, establish healthy patterns, and become your most productive self.

Personal Development:

- [Avoiding Burnout: Self-Assessment Methods and Strategies for Self-Care](#) — February 20th from 12 to 1pm
- [Managing Staff Through Stressful Situations](#) — February 20th from 9am to 10am
- [Adding Energy and Passion to Your Work and Life](#) — February 28th from 12 to 1pm

Well-Being Activities:

- [SF Bodhi Meditation Center Sessions](#) — Mon – Sun: 9pm to 10pm
- [SF Main Library: Meditation](#) — Wednesdays: 12pm to 12:30pm
- [Midafternoon Meditation](#) — Wednesdays: 2pm to 2:20pm
- [Yoga at UN Plaza](#) — Wednesdays: 8:00am to 9:00am

Visit the [SFHSS Events Calendar](#) to stay up to date on new offerings. Questions? Contact Well-Being at well-being@sfgov.org.

Professional Development



Build Your Skills

Mark your calendar and register for various optional professional development and skill building workshops throughout the year offered by DHR's Learning & Organizational Development team!

[Emotional Intelligence](#) — March 5 & March 6: Two half days, in person, 8:30 to 12:30pm

Develop your emotional intelligence skills for success at work and in life.

[Growing Your Career](#) — March 5: One half day, virtual session, 8:30 to 12:30pm

Plan your career move, learn how to search and apply for your next City job, strengthen your resume, and practice key interviewing techniques.

[Interview Skills Workshop](#) — March 8: One half day, virtual session, 8:30 to 11am

Plan your career move, learn how to search and apply for your next City job, strengthen your resume, and practice key interviewing techniques.

[Presentation Skills](#) — April 30 & May 1: Two half days, in person, 8:30 to 12:30pm

Free Tax Filing Assistance



File by April 15th!

San Franciscans who earn under \$64,000 can get free tax filing help through The San Francisco Human Services Agency (HSA). Available tax credits can add up to as much \$9,600. HSA is coordinating with its affiliate nonprofit partners and other free tax preparation locations across San Francisco to make it easy to safely and securely file taxes for free using online tools or in-person service options. Click [here](#) for more details from HSA or call 2-1-1 to learn more.

The [State of California Franchise Tax Board](#) can help you identify a qualified free preparer near you. Additionally, the [IRS' Free File Program](#) has an online list of free tax filing affiliates.

Financial Disclosure Requirements

Form 700 due by April 2nd!

Some City employees are subject to additional financial transparency requirements. City officers, employees, and certain consultants holding designated positions must disclose their financial interests as specified by their positions's disclosure category through a Statement of Economic Interests, also known as Form 700.

To learn more, join the Ethics Commission's virtual Form 700 Filer Information Session on **February 22nd at 1:30pm** will focus on the requirements of City officers (Elected Officials, Department Heads, Board Members, and Commissioners). Register [here](#).

Children's Summer Resource Fair



Find Summer Activities for Your Kids!

The Summer Resource Fair offers options ranging from all-day camps specializing in arts, science, and sports programs, as well as traditional sleepaway summer camps. The Fair will feature representatives from 100 summer camps, classes, and programs for children and youth in grades K-8.

The Fair will take place on Saturday, February 24, 2024, at the County Fair Building from 11am to 2pm. The Fair is free to attend and no registration is required — simply join us at the County Fair Building to learn about all of the wonderful summer opportunities in San Francisco and have some fun!

In addition to the resource fair, there will be a Kid Zone with family-friendly games and activities hosted by the SF Recreation & Parks Department, a huge book giveaway hosted by the SF Public Library, and exhibitors providing engaging activities. Find more information [here](#).

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