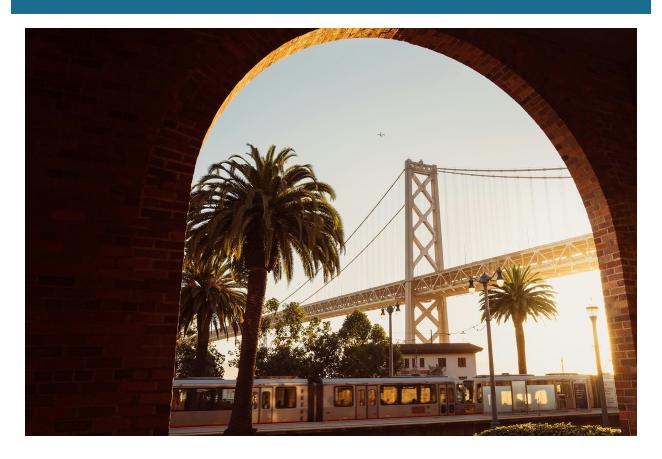
City Updates



SF Ranked First in US for Clean Energy Transition

Our Progress to Reach Net Zero Emissions Leads the Nation

San Francisco has been named the leading U.S. city in energy efficiency and greenhouse gas reductions for the second consecutive year by the American Council for an Energy-Efficient Economy (ACEEE) in their <u>2024 City Clean Energy Scorecard</u>. San Francisco ranked above 75 major U.S. cities, citing advancements in climate and transportation plans and zoning codes promoting compact residential development.

The ACEEE's scorecard assessed sustainability across categories, including buildings, transportation, energy, and local government operations, with an increased focus on policies advancing racial and social equity.

San Francisco excelled in equity metrics due to initiatives like the Climate Equity Hub, which supports low-income residents with building decarbonization resources. SFPUC's clean power initiatives, through Hetch Hetchy Power and CleanPowerSF, deliver 98% greenhouse gas-free electricity to residents and businesses, further bolstering the City's sustainability credentials. Congratulations, San Francisco!

Be Prepared: New COVID-19 Variants

COVID-19 cases are at a low point in our region. However, a rising number of variants, collectively known as *'FLiRT'* variants, are on the rise around the country. This does <u>not mean you cannot</u> enjoy your summer, rather, consider taking precautions as you travel and gather with others. Some steps you can take include:

- Obtain the most current COVID-19 vaccine.
- Consider wearing a mask in dense and crowded locations such as bus terminals, airports, or grocery stores.
- Consider packing a test kit if you are traveling far away.
- Be aware of your own health. If you develop symptoms, wear a mask around others until you confirm your diagnosis.
- As a reminder, current management of COVID-19 recommends isolating while you have symptoms and wearing a mask for ten days.

Last but not least, enjoy your summer holidays and do what you can to stay healthy!

City Events & Celebrations



LGBTQ+ Pride Month

June is Pride Month, a celebration dedicated to honoring the history, diversity, and contributions of the LGBTQ+ community in San Francisco and around the world.

San Francisco is home to the international queer liberation movement, with many firsts and influential figures who have been essential to the global push for equality, which continues today. June is a month to celebrate SF icons including José Sarria, Harvey Milk, Phyllis Lyon, and Del Martin, and their achievements in inspiring everyone to live their most authentic selves.

This year's theme, "Beacon of Love," encourages us to recognize and contribute to the international beacon San Francisco is for queer people around the globe. We invite all City employees to participate in events and educational programs throughout the City that celebrate

LGBTQ+ heritage and promote discussions on how we can collectively work toward a more inclusive and equitable future for everyone.

Some events around the City include:

- <u>Drag Me Downtown Drag Show Summer Pop Up</u> on June 6th, 13th, 20th, and 27th located at various venues
- Pink Triangle Commemoration Ceremony on June 8th at 10:30am at the top of Twin Peaks
- <u>20th International Queer Women of Color Film Festival</u> from June 14th to June 16th at the Presidio Theatre in Presidio National Park
- Tegan and Sarah at Stern Grove Summer Music Festival on June 23rd at 2pm
- 2nd Annual SF Pride Human Rights Summit on June 27th at 9am at the Commonwealth Club
- The Trans March on June 28th at 7pm starting in Dolores Park
- The Dyke March on June 29th at 5pm starting in Dolores Park
- The SF Pride Parade on June 30th starting at 10:30am along Market Street

For additional events, check out the SF Pride website <u>here</u>.



Juneteenth

June is a vibrant month full of rich culture. With great excitement, we celebrate the newest addition to our roster of national holidays: Juneteenth. Juneteenth represents a pivotal moment in our nation's history — a day that symbolizes freedom, unity, and the enduring spirit of resilience.

In celebration of Juneteenth, numerous community events and initiatives are taking place throughout our City. We encourage all to take part in these meaningful activities, whether it be volunteering at local organizations or participating in cultural festivities. Your involvement not only enriches our community but also fosters a deeper understanding of our shared history and collective journey toward a more equitable future.

Below are some ways you can engage with Juneteenth events in your community:

- Volunteer at local Juneteenth celebrations, including parades, picnics, and cultural performances
- Participate in educational workshops and discussions exploring the significance of Juneteenth and its relevance today

- Support Black-owned businesses and initiatives that empower underserved communities
 - Engage in acts of service and advocacy aimed at addressing systemic inequalities and promoting social justice.

San Francisco events celebrating Juneteenth:

- <u>San Francisco Juneteenth Parade</u> on Saturday, June 8th from 11am to 12pm at Market and Spear St.
- <u>Juneteenth Fest at Ghirardelli Square</u> with Black small business owners on Saturday, June
 9th from 12 to 5pm at Ghirardelli Square
- <u>Mayor Breed's Juneteenth Kickoff Celebration</u> on Friday, June 14th from 12 to 4pm at the North Light Court in City Hall
- <u>SF Black Wall Street Juneteenth Foundation Gala</u> on Friday, June 14th from 6 to 11pm at 1 Sansome
- <u>Juneteenth SF Freedom Celebration: Decades Edition</u> on Saturday, June 15th from 11am to 6pm at Filmore and Geary St. (the second largest Juneteenth celebration in the nation)
- <u>SF Juneteenth Bayview Father's Day Festival</u> on Sunday, June 16th from 12 to 6pm at Gilman Park
- Frisco Friday: Juneteenth on Friday, June 27th from 4 to 8pm in India Basin Shoreline Park

Employee Resources

A Better You Everday!

A Better You Everyday!

Every month, the SF Health Service System prepares resources for City employees to improve their mental health and well-being. Explore our employee resources below:

Online Resources

Health & Wellness (Articles & Podcasts)

How Birdsong Can Help Your Mental Health

How Everyday Rituals Can Add Meaning to Your Life

Shared Identity Practice

Webinars and Workshops:

Well-Being Activities (Virtual & In-person):

SF Bodhi Meditation Center Sessions - Mon to Sun from 9:05 to 10pm

SF Main Library: Meditation - Wednesdays from 12 to 12:30pm

Yoga at City Hall - Wednesdays from 12:10 to 12:55pm

Mindfulness & Meditation Tues & Thurs from 3 to 3:20pm

Midafternoon Meditation - Wednesdays from 2 to 2:20pm

Meditation: Living Authentically - June 6 from 9 to 9:30am

Personal Development (Webinars)

Mental Health First Aid Workshop - June 5 from 1 to 5pm

Self-Care Tips For Managers - June 11 from 2 to 3pm

Acceptance of Others - June 12 from 12 to 1pm

<u>Live Long, Live Better</u> - June 12 from 12 to 12:45pm

<u>Improving Your Memory</u> - June 13 from 12 to 12:45pm

Combatting Imposter Syndrome - June 19 from 12 to 1pm

Reinventing Yourself - June 25 from 12 to 12:45pm

Being Adaptive in Order to Thrive in Our Ever-Changing World - June 26 from 12 to 1pm

Diabetes - June 27 from 12:30 to 1:30pm

Reduce stress and use your mental & emotional well-being benefits.

Find ways to relax, sleep better, and reduce anxiety by downloading FREE mental and emotional apps such as Calm, Headspace Care, and MyStrength. <u>Visit your health plan to learn more.</u>

Visit the <u>SFHSS Events Calendar</u> to stay up to date on new offerings. Questions? Contact Well-Being at <u>well-being@sfgov.org</u>.

Professional Development



Build Your Skills

Mark your calendar and register for various optional professional development and skill building workshops throughout the year offered by DHR's Learning & Organizational Development team!

JUNE:

<u>7 Habits for Managers</u> — June 6 and June 13: Two full days, in-person session, 8:30am to 5pm

Improve self and team management by exploring concrete, easy-to-use models based on the habits of human effectiveness popularized by Dr. Stephen R. Covey's best-selling book, 7 Habits of Highly Effective People.

<u>The 5 Choices To Extraordinary Productivity</u> — June 26 and June 27: Two half days, inperson session, 8:30am to 12:30pm

The work session will introduce you to five fundamental choices that dramatically increase your ability to focus on your most important outcomes so you can reclaim your attention, time and energy.

JULY:

<u>Project Management Essentials for the Unofficial Project Manager</u> — June 9: One full day, virtual session, 8:30am to 4:30pm

Learn how to initiate, plan, execute, monitor, and complete a project successfully

<u>Managing Implicit Bias (Local 21 Only)</u> — July 17: One half day, virtual session, 8am to 12:30pm

Increase your awareness of how implicit bias can unconsciously impact your thoughts, attitudes, language, and behavior. Learn strategies to foster a more equitable, inclusive workplace for all employees.

<u>Customer-Focused Communication in the Public Sector</u> — July 31: One half days, inperson session, 8:30am to 12:30pm

Develop your emotional intelligence skills for success at work and in life.

AUGUST:

Managing Implicit Bias — August 9: One half day, virtual session, 8am to 12:30pm

Increase your awareness of how implicit bias can unconsciously impact your thoughts, attitudes, language, and behavior. Learn strategies to foster a more equitable, inclusive workplace for all employees.

<u>Emotional Intelligence</u> — August 15:Two half days, in-person session, 8:30am to 12:30pm Develop your emotional intelligence skills for success at work and in life.

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